

Danger signs in pregnancy

A print-ready fact sheet for clinics, classrooms and community groups.

Category	Maternal health
Translations	22 languages
Print format	A3 poster
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Most pregnancies proceed without complication. The eight signs below mean the difference between a manageable problem and an emergency, and every one of them means going to a clinic the same day.

What to do

- Go now - do not wait for morning, and do not wait to see if it settles.
- Take the antenatal card if there is one.
- Arrange transport before labour begins, not during it.

Signs that mean go to a clinic

- Bleeding from the vagina at any stage.
- Severe headache with blurred vision.
- Swelling of the face and hands, particularly if sudden.
- Fever with or without chills.
- The baby moving much less than usual, or not at all.
- Waters breaking before 37 weeks.
- Severe pain in the abdomen.
- Fits or convulsions.

Using this sheet

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