

Handwashing steps

A print-ready fact sheet for clinics, classrooms and community groups.

Category	Prevention
Translations	31 languages
Print format	A3 poster
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The single cheapest intervention in public health. What matters is not the soap but the twenty seconds and the parts of the hand people routinely miss.

What to do

- Wet hands with clean water.
- Apply soap and rub palm to palm.
- Rub the back of each hand, fingers interlaced.
- Rub between the fingers, and around each thumb.
- Rub the fingertips against the opposite palm.
- Rinse and dry with a clean cloth or in the air.

Signs that mean go to a clinic

- Before preparing or eating food.
- After using the latrine, and after cleaning a child.
- Before feeding a baby or handling a newborn.
- After caring for anyone who is ill.

Using this sheet

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